

## **Vignette Ten**

I was supporting people in the community in their own homes, and in mental health people do isolate and we had to find a reason to go out shopping every week. This person identified wanting to make cards at home. So we found a nice card and craft shop and started coming out there every week, she'd save a bit of money and we'd come out and she'd buy her stamps and papers and all the sorts of bits and pieces to make cards at home.

At the time I was doing the mental health certificate and asked her if she would be able to come to Polytech and present it to the rest of the class. She managed to do this and we bought all her craft things with us and she managed to stand up in the class and present it to everyone, and I just thought that was amazing from the person I first met to the person that I left, and now she isn't even getting any support from...I think she has a support worker in the community and she has no other mental health team on board.