

Vignette eight

.... sitting with someone in a café, which was significant in itself, because the person wouldn't get out of the house prior to working with me, and a range of other people – let's make it perfectly clear it wasn't me that miraculously saved them or anything, but I was part of a concerted effort to see what this person wanted and see if we could provide it. But, sitting in a café and having this person smile and talk because they were very silent.

That, for that person, was a major move forward, a major change in their life to be sitting in a café like everyone else and smiling and actually talking. I did nothing that was a process or a system. I was just with them, being like anyone else in the world, and this was a very significant change.