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| --- | --- |
| **Purpose** | The service users’ – and their family/whānau - needs are assessed in order to inform planned and negotiated support, interventions and treatment.  It is acknowledged that assessment is a process not an event. |
| **Scope** | Each service user will have an assessment. |

**Assessment**

**Participants**

**Within one month of** **service entry**

Options:

* cultural supports
* referrer
* any other supports the client wishes to have
* family/whānau/carer
* interpreter - if need has been identified
* peer support

**Service user & title of staff**

Discuss and record:

* Purpose and process of screening/assessment.
* Cultural appropriate assessment setting and processes.
* Need for an interpreter – including sign language.
* Parental or other care roles and responsibilities.
* Decision maker in the family/whānau/fono.
* Other agencies that provide services.
* Plan for discharge.
* [Advanced directives](http://www.hdc.org.nz/publications/resources-to-order/leaflets-and-posters-for-download/advance-directives-in-mental-health-care-and-treatment-(leaflet)).
* Stage of motivation to change.
* Service users’ ideas of self-determination.

Assessment to include:

* medical/physical needs
* cultural needs
* spiritual needs
* social needs
* psychological need
* sensory
* apply baseline outcome measure (examples):
  + [Hua Oranga](http://www.oradatabase.co.nz/aboutus.php)
  + [Recovery Star](http://www.outcomesstar.org.uk/using-the-star/see-the-stars/recovery-star/)
  + [HoNOS](https://www.tepou.co.nz/outcomes-and-information/honos-family-of-measures/30)
  + [BASIS32](http://ebasis.org/pdf/Basis32SurveyRevB320108Eng.pdf)
  + [ADOM](https://www.matuaraki.org.nz/uploads/files/resource-assets/141111-tp-adom-form-v2_0.pdf)
  + [SACS](http://www.werryworkforce.org/sacs)
* Service intervention matrix
* Identification of early warning signs and triggers (relapse prevention plan)

Possible referrals for assessment:

* medical assessment by GP
* metabolic screening
* dietician
* psychologist
* occupational therapist
* neurologist

**Information from other service providers**

The service will need to request essential assessment information from other service providers. For example:

* safety/risks
* allergies
* medical issues

**Assessments are informed by the service delivery model and the** [**tier three agreements/contracts**](http://www.nsfl.health.govt.nz/apps/nsfl.nsf/pagesmh/498)**.**

**Examples of service delivery approaches:**

[**Wellness/Recovery Action/Plan**](http://copelandcenter.com/)

[**Te Wheke**](http://www.health.govt.nz/system/files/documents/pages/maori_health_model_tewheke.pdf)

[**Charles Rapp Strength model**](http://books.google.co.nz/books?hl=en&lr=&id=ocYg5AiZwk8C&oi=fnd&pg=PR7&dq=charles+rapp+strengths+model&ots=Qv380rUbQ8&sig=t-0z4ZymHyNj8bq7ggLrmhknuIE#v=onepage&q=charles%20rapp%20strengths%20model&f=false)

[**Te Whare Tapa Wha**](http://www.health.govt.nz/system/files/documents/pages/maori_health_model_tewhare.pdf)

[**Te Pae Mahutonga**](http://www.health.govt.nz/system/files/documents/pages/maori_health_model_tepaemahutonga_0.pdf)

[**Intentional Peer Support**](http://www.intentionalpeersupport.org/)

[**Pacific models**](http://www.leva.co.nz/library/leva/pacific-models-of-mental-health-service-delivery-in-new-zealand-pmmhsd-project)

[**Equally Well**](https://www.tepou.co.nz/uploads/files/resource-assets/equally-well-model-for-collaborative-action.pdf)

[**Let’s get real**](http://www.tepou.co.nz/supporting-workforce/lets-get-real/values-attitudes-skills)

[**Peer support models**](https://www.tepou.co.nz/initiatives/service-user-consumer-and-peer-workforce/22)

# Consultation

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| Group/Role | Date |
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