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| j0440372 |

What do I need?

What are we going to do?

When will we do this?

Who is involved?

What happened?

Am I losing the plot when I am stressed? How?

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What do I need?

What are we going to do?

When will we do this?

Who is involved?

What happened?

Am I isolated?

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What do I need?

What are we going to do?

When will we do this?

Who is involved?

What happened?

Any danger that I lose interest?

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What do I need?

What are we going to do?

When will we do this?

Who is involved?

What happened?

Any danger that I am not looking after myself or others?