|  |  |
| --- | --- |
| **Purpose** | Service users receive services of an appropriate standard. |
| **Scope** | Service providers engaged with service users. |
| **References** | |
| **Legislation** | [Health Practitioner Competence Assurance Act 2003](http://www.legislation.govt.nz/act/public/2003/0048/latest/DLM203312.html) |
| **Standards** | [NZS 8134:2008 Health and Disability Services Standards](http://www.health.govt.nz/system/files/documents/pages/81341-2008-nzs-health-and-disability-services-core.pdf) |
| **Relevant Policies &**  **Procedures** | The services policies and procedures will reflect current good practice as shown in the reference section. Those policies and procedures will be implemented by all employees who deliver services. |
| **Links to websites and articles** | [Australian Psychological Society Guidelines](https://www.psychology.org.au/publications/inpsych/treatments/)  The [Cochrane](http://www.cochrane.org/) Collaboration.  [Best Health Outcomes for Māori: Practice implications](https://www.mcnz.org.nz/assets/News-and-Publications/Statements/Best-health-outcomes-for-Maori.pdf)  [BMJ Clinical Evidence](http://www.clinicalevidence.com/x/index.html)  [Eating well and mental health](http://www.rcpsych.ac.uk/healthadvice/problemsdisorders/eatingwellandmentalhealth.aspx)  [Equally Well – the evidence](https://www.tepou.co.nz/initiatives/the-evidence/43)  [Following the Evidence: Sensory Approaches in Mental Health](http://www.sensoryconnectionprogram.com/pdf/follow_the_evidence.pdf)  [Guidelines International Network](http://www.g-i-n.net/)[Current approaches to treatments for schizophrenia spectrum disorders, part II: psychosocial interventions and patient-focused perspectives in psychiatric care](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3792827/)  [Health Navigator](https://www.healthnavigator.org.nz/)  [Maori Mental Health](http://www.bpac.org.nz/BPJ/2008/June/docs/bpj14_moari_pages_31-35.pdf)  [Meihana Model: A Clinical Assessment Framework](http://www.psychology.org.nz/wp-content/uploads/Pitamaetal_NZJP36-3_pg118.pdf)  [Ministry of Health New Zealand](http://www.health.govt.nz/publications)  [Monitoring for metabolic disorders In patients taking antipsychotic drugs](http://www.bpac.org.nz/magazine/2007/february/pdfs/bpj3_antipsychotics_pages28-31.pdf) [National Guideline Clearinghouse, Agency for Healthcare Research and Quality](https://www.guideline.gov/search?f_Clinical_Specialty=Psychiatry&fLockTerm=Psychiatry) [National Implementation Research Network](http://nirn.fpg.unc.edu/)  [Nutritional factors affecting mental health](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4967717/)  [Physical activity and mental health: evidence is growing](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4911759/)  [Review of Evidence about the Effectiveness of Mental Health Promotion](https://www.mentalhealth.org.nz/assets/ResourceFinder/Review-of-evidence-about-effectiveness-of-mental-health-promotion-programmes-targeting-youth.pdf)  [Programmes Targeting Youth/Rangatahi](https://www.mentalhealth.org.nz/assets/ResourceFinder/Review-of-evidence-about-effectiveness-of-mental-health-promotion-programmes-targeting-youth.pdf)  [Sensory Modulation](https://www.tepou.co.nz/initiatives/sensory-modulation/103)  [Substance Abuse and Mental Health Administration](https://www.samhsa.gov/)  [The Efficacy and Effectiveness of Psychological Treatments](http://www.cpa.ca/docs/File/Practice/TheEfficacyAndEffectivenessOfPsychologicalTreatments_web.pdf)  [The Evidence Base of Systemic Family and Couples Therapies](http://www.aft.org.uk/SpringboardWebApp/userfiles/aft/file/Training/EvidenceBaseofSystemicFamilyandCouplesTherapies(Jan2011).pdf)  [The Evidence: Family Psychoeducation](https://store.samhsa.gov/shin/content/SMA09-4423/TheEvidence-FP.pdf)  [The European Psychiatric Association Guidelines](http://www.europsy.net/publications/guidance-papers/)  [The International Society for Psychological and Social Approaches to Psychosis](http://www.isps.org/)  [Te Pou Whakaaro Nui](https://www.tepou.co.nz/about)  [The Royal Australian & New Zealand College of Psychiatrists](https://www.ranzcp.org/Publications/Guidelines-and-resources-for-practice.aspx)  [Trauma-Informed Approach and Trauma-Specific Interventions](https://www.samhsa.gov/nctic/trauma-interventions)  [Trauma informed care guidelines](http://www.blueknot.org.au/ABOUT-US/Our-Documents/Publications/Practice-Guidelines)  [Trauma informed care project](http://www.traumainformedcareproject.org/) |
| **Definitions (HDSS 2008)** | |
| **Best Practice guidelines** | Based on expert opinion these are generally used when evidence is limited, of poor quality or conflicting. |
| **Evidence –based practice** | The conscientious, explicit and judicious use of current best evidence that takes into account the needs and circumstances of each consumer.  Evidence-based practice is also applicable to decisions about the planning and provision of services. Evidence encompasses a range of qualitative and quantitative methodologies and client experiences. |

|  |  |
| --- | --- |
| **Evidence –based practice**  *cont.* | Has the following characteristics:   1. Is based on evidence which is explicitly stated with the levels of evidence. 2. Is a tool for transferring research findings into a guide for clinical practice. 3. Follows a clear format and process which is described within the guideline so it can be readily replicated. 4. Can include an algorithm or flowchart to provide easy to follow steps that reflect the recommendations outlined in detail within the guideline. |
| **Good Practice** | The current accepted range of safe and reasonable actions that result in efficient and effective use of available resources to achieve quality outcomes and minimise risk for the client.  Current accepted good practice should also reflect standards for service delivery where these exist. This may include but is not limited to:   1. Codes of practice 2. Research/evidence/experience-based practice 3. Professional standards 4. Good practice guidelines 5. Recognised/approved guidelines 6. Benchmarking   **Processes** |

The service will make the following resources available in order to enable service users and service providers to implement ‘Good Practices”

Payment of professional memberships.

Internet links to websites.

* Professional development.
* Supervision.
* Professional practice portfolio support.

Subscription of Journals and newsletters:

[Changing Minds](http://changingminds.org.nz/)

[HealthQualitySafetyCommiss.](https://www.hqsc.govt.nz/our-programmes/)

[Matua Raki](https://www.matuaraki.org.nz/resources)

[Mental Health Foundation](https://www.mentalhealth.org.nz/)

[Research Review](http://www.researchreview.co.nz/nz/Home.aspx)

[Te Pou](https://www.tepou.co.nz/about)

Participation in professional networks.

Attendance in:

* training
* conferences
* workshops

**Measures to support good practice service delivery processes**

* clinical supervision
* clinical audit
* peer supervision
* peer review
* Systematic client outcome measurements.
* Policies and procedures.
* Treatment guidelines.
* Service delivery

guidelines.

# Consultation

|  |  |
| --- | --- |
| Group/Role | Date |
|  |  |
|  |  |
|  |  |
|  |  |