WHO NEEDS AOD TREATMENT SERVICES?

12.3% of the population will experience a substance use disorder at some stage in their lives.

3.5% per year
1.5% per month

150,000 NEW ZEALanders

Impact on young people

Most people experience the onset of their substance use disorder early in their lives.5

Aged 16 and older experience substance use problems that could benefit from an intervention.

Impact on whānau, family and friends

At least four others are negatively affected by one person’s problems with AOD. Addiction problems affect individuals, whānau, friends, employers, colleagues and communities.

WHO WORKS IN THE AOD SECTOR?

The addiction workforce in New Zealand is heterogeneous and comprises a range of different disciplines working in a variety of roles and settings.

AOD workforce is made up of specialists and non-specialists who work in a range of organisations.

WHO IS ACCESSING AOD TREATMENT?

The unmet need for help with ‘substance-dependence’ is significant.

Less than 1/3 of people with a substance use disorder had sought help for their problems in the previous year.

WHO CO-EXISTS PROBLEMS (CEP)?

People who present to both addiction and mental health services in New Zealand are likely to have co-existing addiction, mental health and gambling problems.

Unmet mental health and addiction needs are the single largest contributor to poor health and social outcomes at the client, family, whānau and population levels.

ADOM

Alcohol and Drug Outcome Measure

ADOM implementation within services relies on a number of best practice strategies that have proven to be successful in the pilot site.

An effective way of presenting the results of the assessment back to the client is through the use of a visual tool.

WHAT ARE THE OUTCOMES FOR AOD CLIENTS?

Measures of outcome for the population
An effective addiction treatment sector will have a cumulative impact on a range of population measures such as mortality, morbidity, dependency, service utilisation and economic.

Measures of outcome for the individual clients
The Alcohol and Drug Outcome Measure (ADOM) is a client outcome measure for adult clients engaged with adult community addiction, mental health and drug treatment services. ADOM measures the effectiveness of treatment at identifying, treating and retaining clients.

WHAT IS THE FUNDING FOR AOD TREATMENT?

The funding figures for specialist AOD services represents only that funding provided through Vote Health and excludes funding from other sources (e.g. Dept of Corrections).

WHAT IS THE VALUE OF THE AOD SECTOR?

$134.7 million was directed to AOD services in 2011/12.

$65.5m
$65.2m
$78.8m
$96.7m
$76.0m
$86.0m
$78.8m
$69.5m
$20.5m
$44.170

2002/03 – 2011/12

2008 National Telephone Survey – The specific addiction workforce was made up of:

Mental Health & Addiction Budget

18.5% of the total mental health and addiction budget (2011/12) is spent on addiction services.

18.5% is spent on addiction services.

Face-to-face AOD Contacts by Service Type

Person-focused treatment

All mental health and addiction services need to be person-focused to ensure “any door is the right door” for people when they want help. The expectation in that all mental health and addiction services will become GP capable.

Invest in the Alcohol & Other Drug sector, especially in NGO services.
Keep building a strong and capable mental health and addiction workforce.
Improve access to Alcohol & Other Drug treatment services.